## **Activity Descriptions**

#### Arts & Crafts

Get creative with fun handson projects, from painting to making cool crafts.

#### **Baking**

Learn to bake and decorate tasty treats to take home and share.

#### **Basketball**

Dribble, pass, and shoot while building teamwork and skills on the court.

#### Climbina

Build confidence and skills while tackling fun climbing challenges.

#### Cycling

Ride the Community Trail and practice new skills on our Pump Tracks.

#### **Dance**

Learn fun routines and show your moves in energetic dance sessions.

#### DJ'ing & Music Production

Mix tracks and create music with expert guidance.

#### Football

Develop your skills, play in teams, and enjoy action-packed games.

#### Foot-Golf

A fun combination of football and golf that tests your aim and control.

#### **Games Club**

Play board games, try chess, or enjoy Xbox in a fun session with friends.

#### **LEGO Quest**

Get creative and bring ideas to life with fun LEGO building challenges.

### Multi-Sports & Skills Try a variety of sports, buil

Try a variety of sports, build coordination, and have fun.

#### **Nerf Wars**

Team up for exciting, fast-paced Nerf battles.

#### Science

Get hands-on with fun experiments and explore how things work.

#### Skateboardina

Learn new skills and build confidence in a safe skateboarding space.

# Try Something New Join Y-Kids Today!

Y-Kids Membership helps children build confidence, resilience, and new skills every day! With unlimited access to fun activities after school and weekends, they'll stay active and explore exciting new hobbies.



Y-Kids Membership Unlimited sessions £40 per month



Supporter Member £4 per session



**Non-Members** £6 per session

### **Opportunities for all**

Every young person deserves the opportunity to thrive. Scholarship Funds are available for those that need financial assistance who may otherwise not be able to take part.

To find out if you qualify for support visit ymcanewarksherwood.org/scholarship-programme

# Belong, Contribute & Thrive

### **Get in touch!**

ymcanewarksherwood.org

01636 233125

memberships@ymcans.org

Registered Charity: 1177774

# YMCA

# Y-KIDS Timetable

For children aged 5-10 years

During term time Weekdays 4pm – 6:15pm Weekends 11am – 1pm



# Play, Create, Explore Y-Kids Awaits!

Join Y-Kids at YMCA Village for exciting after-school and weekend activities! From sports to dance and arts, there's something for every child aged 5-10.

# **Building Confidence** & Friendships

Y-Kids is led by our Skilled Activity Leaders, the programme is built using Developmental Relationships, we make sure every session builds confidence, resilience, and a sense of belonging.

# Camp Williams During School Holidays

Ask about YMCA's flagship day camp for children aged 4 to 15. Camp Williams runs every school holiday and is packed with creative activities, sports, games, camp songs and more - all designed to build skills and help children make new friends.



### **Book Today!**

or search

YMCA Newark & Sherwood
in your APP store





## Age 5-7 Timetable



## Age 8-10 Timetable

MON	TUES	WED	THURS	FRI	SAT	SUN
DJ'ing/Music Production 16:00-17:00	<b>Baking</b> 16:00-17:00	Cycling 16:00-17:00	Science 16:00-17:00	Game Design 16:00-17:00	<b>Cycling</b>	<b>LEGO</b> 10:45-11:45
<b>15 Min Break</b> 17:00					<b>15 Min Break</b> 10:15	<b>15 Min Break</b> 11:45
Multi-Sports	Archery	Clip 'n Climb	Foot-Golf	Nerf Wars	Games Club	Foot-Golf
17:15-18:15	17:15-18:15	17:15-18:15	17:15-18:15	17:15-18:15	10:30-11:30	12:00-13:00
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Sessions are subject to availability. Timetable correct at time of printin
To see the weekly timetable, scan the QR code below. Term-time only.